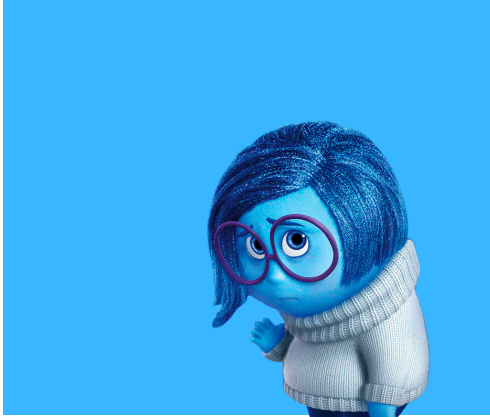


WHAT ZONE ARE YOU IN?



bored
tired
sad
disappointed
blah
sick
slow

REST



happy
focused
grateful
proud
calm
relaxed
ready to learn

GO



excited
frustrated
annoyed
silly
worried
confused
nervous

SLOW



upset
angry
rage
panicked
hyperactive
scared
out of control

STOP