

Term 1

- Rights and responsibilities
- Our digital footprint & identity
- The law and the internet

Digital Technologies

Data and information

Plan, create and communicate ideas, information and online collaborative projects, applying agreed ethical, social and technical protocols (VCDTDI029)

Health and Physical Education

Personal, social and community health

Being healthy, safe and active

Explore how identities are influenced by people and places (VCHPEP105)

Personal and Social Capability

Social awareness and management

Relationships and diversity

Describe the characteristics of respectful relationships and suggest ways that respectful relationships can be achieved (VCPSCSO031)

Term 2

- Balancing screen time
- Building a healthy relationship with tech
- Why it's so hard to put down devices

Health and Physical Education

Personal, social and community health

Being healthy, safe and active

Plan and practise strategies to promote health, safety and wellbeing (VCHPEP108)

Movement and Physical Activity

Understanding movement

Participate in physical activities designed to enhance fitness, and discuss the impact of regular participation on health and wellbeing (VCHPEM118)

Term 3

- Cyberbullying
- Navigating uncomfortable situations
- The power of an upstander

Digital Technologies

Data and information

Plan, create and communicate ideas, information and online collaborative projects, applying agreed ethical, social and technical protocols (VCDTDI029)

Health and Physical Education

Personal, social and community health

Being healthy, safe and active

Investigate community resources and strategies to seek help about health, safety and wellbeing (VCHPEP107)

Communicating and interacting for health and wellbeing

Practise skills to establish and manage relationships (VCHPEP109)

Personal and Social Capability

Self-awareness and management

Recognition and expression of emotions

Explore the links between their emotions and their behaviour (VCPSCSE025)

Development of resilience

Describe what it means to be confident, adaptable and persistent and why these attributes are important in dealing with new or challenging situations (VCPSCSE027)

Social awareness and management

Relationships and diversity

Describe the characteristics of respectful relationships and suggest ways that respectful relationships can be achieved (VCPSCSO031)

Collaboration

Describe the various causes of conflict and evaluate possible strategies to address conflict (VCPSCSO033)

Term 4

- Critical thinking
- Consuming content online
- Navigating unsafe interactions

Digital Technologies

Data and information

Plan, create and communicate ideas, information and online collaborative projects, applying agreed ethical, social and technical protocols (VCDTDI029)

Health and Physical Education

Personal, social and community health

Being healthy, safe and active

Explore how identities are influenced by people and places (VCHPEP105)

Investigate community resources and strategies to seek help about health, safety and wellbeing (VCHPEP107)

Communicating and interacting for health and wellbeing

Recognise how media and important people in the community influence personal attitudes, beliefs, decisions and behaviours (VCHPEP111)