

How to use devices safely and respectfully

Digital Technologies

Knowledge and Understanding

Digital systems

identify some data that is personal and owned by them (AC9TDIFP01)

Health and Physical Education

Personal, social and community health

Making healthy and safe choices

demonstrate protective behaviours, name body parts and rehearse help-seeking strategies that help keep them safe (AC9HPFP05)

Digital Literacy

Practising Digital Safety and Wellbeing

Manage online safety

use online tools that are safe or only used under direct supervision, seeking help from trusted adults when feeling unsafe

Manage digital privacy and identity

recognise their personal data and that data (including text, images, and video) can be seen by others when shared online

Manage digital wellbeing

follow adult directions for the use of digital tools at school and home

Managing and Operating

Select and operate tools

seek help when encountering a problem

Getting started on the internet

Digital Technologies

Knowledge and Understanding

Privacy and security

identify some data that is personal and owned by them (AC9TDIFP01)

Digital Literacy

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Balancing screen time

Health and Physical Education

Movement and Physical Activity

Making active choices

participate in a range of activities in natural and outdoor settings and explore the benefits of being physically active (AC9HPFM03)

Digital Literacy

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Trusted Adults

Health and Physical Education

Personal, social and community health

Interacting with others

express and describe emotions they experience (AC9HPFP03)

Making healthy and safe choices

demonstrate protective behaviours, name body parts and rehearse help-seeking strategies that help keep them safe (AC9HPFP05)

Personal and Social Capability

Self-awareness

Emotional Awareness

identify their own emotional responses

Self-management

Emotional regulation

express emotions in familiar settings, demonstrating consideration for others

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