

## How to use devices safely and respectfully

### Digital Technologies

#### **Design and Production**

explore how people safely use information systems to meet information, communication and recreation needs (ACTDIP005)

#### **Digital systems**

explore familiar digital devices (ACTDIK001)

### Personal Development, Health and Physical Education

#### **Health, Wellbeing and Relationships**

identifies people and demonstrates protective strategies that help keep themselves healthy, resilient and safe (PDe-2)

communicates ways to be caring, inclusive and respectful of others (PDe-3)

uses interpersonal skills to effectively interact with others (PDe-10)

### ICT Capability

#### **Applying social and ethical protocols and practices when using ICT element**

##### **Apply digital information security practices**

follow class rules about using digital information

##### **Apply personal security protocols**

follow class rules when sharing personal information with known audiences and demonstrate an awareness of applying social protocols when using ICT to communicate

##### **Identify the impacts of ICT in society**

identify how they use ICT in multiple ways on multiple devices

#### **Communicating with ICT element**

##### **Collaborate, share and exchange**

use purposefully selected ICT tools safely to view information shared by trusted adults

#### **Managing and operating ICT element**

##### **Select and use hardware and software**

identify and safely operate ICT systems to complete relevant simple specified tasks and seek help when encountering a problem

## Getting started on the internet

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explore how people safely use information systems to meet information, communication and recreation needs (ACTDIP005)

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## Balancing Screen Time

### Personal Development, Health and Physical Education

#### **Health, Wellbeing and Relationships**

identifies people and demonstrates protective strategies that help keep themselves healthy, resilient and safe (PDe-2)

#### **Healthy, Safe and Active Lifestyles**

explores contextual factors that influence an individual's health, safety, wellbeing and participation in physical activity (PDe-6)

identifies actions that promote health, safety, wellbeing and physically active spaces (PDe-7)

explores how regular physical activity keeps individuals healthy (PDe-8)

## Trusted Adults

### Personal Development, Health and Physical Education

#### **Health, Wellbeing and Relationships**

identifies people and demonstrates protective strategies that help keep themselves healthy, resilient and safe (PDe-2)

### Personal and Social Capability

#### **Self-Awareness**

##### **Recognise emotions**

recognise and identify their own emotions

#### **Self-Management**

##### **Express emotions appropriately**

recognise and identify how their emotions influence the way they feel and act

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